

Forest Farm Shop & Garden Centre

Forest Road, Hainault, IG6 3HQ Tel: 020 8500 2221

Mon - Sat
Sun

8.30am to 5pm
8.30am to 2pm

FOREST FARM SHOP NEWSLETTER www.forestfarmshop.com
www.forestroadgardencentre.com

Welcome to our August 2018 Newsletter

Vol. 8 Issue 08, 3rd August 2018

New Meats Section

We are delighted to announce that we have recently overhauled our Meat Section. We have teamed up with a new partner to bring you the very best of fresh meats.

Our new supplier, a local butcher, has many years experience and supplies many local schools and catering outlets. He will be providing us with a wider range of meats, all at very competitive prices.

To complement the new supply, we have re-organized the meats counter with more accessible shelving and much improved



lighting throughout the rear food hall.

Garden Centre

We are expecting a delivery of bulbs ready for autumn, winter and spring planting shortly. In the meantime, we still have an exceptional range of plants and shrubs to help finish this season with a bang.

Heatwave

Although many of us are finding the heatwave a little uncomfortable, we, at least, can find ways to cope and enjoy it.

But spare a thought for our farmers who are desperately trying to keep their livestock supplied with sufficient water and are becoming increasingly concerned over the likely yield at harvest time.

The lack of rain means that farmers are likely to produce



smaller crops, be forced to harvest earlier, and will have very little left over to provide winter feed for their livestock. What this means to all of us is that prices for fruit and veg and for locally produced meats are likely to rise this winter. This problem is not just confined to the UK.

Throughout the whole of Europe, farmers are struggling to find sufficient water to keep their crops in good shape and water their livestock. Everyone can help a little by avoiding wasting water; particularly avoid using hosepipes on lawns.

Money Savers

We all like to save money with a bit of DIY and the sense of achievement for a job well done is very satisfying. These days, our potential to take on what seem like tough DIY jobs can be increased greatly by using the Internet for tips and tricks. Particularly useful is YouTube, where you will find video demos for a vast array of DIY (and sometimes not so DIY) tasks. So the next time you have something broken, scruffy or untidy, try using the Internet to find a way to fix it.



BBQ Reminder

We've mentioned this before, but if you are planning a BBQ, Forest Farm Shop should be your first port of call. We have everything you'll need including Meats, Salads, Buns and Rolls and Marinades and Sauces. We have a good selection of wines, beers and lagers, plenty of soft drinks and, we even have the charcoal. Get cooking this weekend!!!

We've streamlined our normal website: forestfarmshop.com and built one for the Garden Centre at

forestroadgardencentre.com.

Both have versions for mobile phones.

Look out for...

Colgate Toothpaste 125g Tube	2 for £1.20
John West Tuna Steam Pot	£1.20 Each
John West Sardines 95g in Olive Oil	89p each
Dulcesol Burger Buns Several Varieties	Any 2 £2
Mr Freeze Freeze Pops Many Flavours	Box 80 £8

PAYPAL Email Threat

If you receive an email that appears to be from PAYPAL and has a Word document attachment DO NOT OPEN IT.

The scammers are at work again and this time have created an email that even has what appears to be a PAYPAL 'From' address. It asks you to confirm some of your personal details using the attached form, but the form itself contains malicious code that could 'steal' your PAYPAL login and password details.

As with all emails, NEVER open an attachment that comes from someone you do not recognise, or from a name that is familiar to you and asks you to confirm personal details via an attachment. Most reputable financial organisations have a help line that you can ring to check that emails are authentic.

£5 Discount

When you spend over £50 in one transaction.

Please print and present this voucher to the cashiers to claim your discount.

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