

Forest Farm Shop & Garden Centre

Forest Road, Hainault, IG6 3HQ Tel: 020 8500 2221

Mon - Sat
Sun

8.30am to 5pm
8.30am to 2pm

FOREST FARM SHOP NEWSLETTER www.forestfarmshop.com
www.forestroadgardencentre.com

Welcome to our May 2018 Newsletter

Vol. 8 Issue 05, 4th May 2018

Fruit & Veg Availability

Traditionally, at this time of year we begin to get access to fruit and vegetables from local UK growers. Sadly, with the exceptional weather conditions, our suppliers have told us that this year's crops are up to 8 weeks behind schedule. In addition, the same weather has cut short the season in Europe and conditions in southern hemisphere supply countries such as South Africa have been marred by droughts.



Unfortunately, this means that the availability of some produce (limes is a prime example) has been severely restricted. We're hoping that the situation will regain balance soon, but in the short term we'll do the best we can to source all your favourites. This may well mean that we are forced to purchase imports from South America and other South American countries. Unfortunately this will result in a rise in costs in the short-term.

Double Bank Holiday

We probably all need a bit of cheering up at the moment and what better way to do it than to have two Bank Holiday weekends within a month of each other. The May Bank Holiday is on Monday 7th and the Spring Bank Holiday is on Monday 28th (August Bank Holiday this year is on the 27th).

Weather forecasts for both the May weekends look very promising, so maybe it's time to dust off the barbecue and plan for some fun with family and friends.

You'll find plenty in the Shop to help, from Charcoal in the Garden Centre to meats, salads, buns & rolls and sauces in the shop.



Our butcher has been putting together some tasty looking prepared chickens for the barbecue with Peri-Peri, Jamaican Jerk and Chilli & Ginger flavours, and of course you'll find our famous Bonian's sausages and hand made burgers in the meat section. And don't forget your beers, lagers and wines, all at great prices.

Garden Centre

Now that the cold weather seems to have gone, we've managed to stock up with all of your Spring favourites. We have an excellent selection of bedding plants, perennials, shrubs, trees, ornamentals and, of course, all the composts and fertilizers to go with them. See the new Garden Centre website, where our stock is listed: forestroadgardencentre.com.

Jersey Royal Potatoes



We've recently taken delivery of our first batch of Jersey Royals for the season. These small 'new' potatoes have a delicious buttery flavor and paper thin skins that can be left on and eaten once cooked.

Jersey Royals were discovered in 1880 when a local farmer split up a seed potato and grew a plant which produced kidney-shaped potatoes with thin skins. They named it the Jersey Royal Fluke, now shortened to Jersey Royal. As it is a Protected Name in the EU, it can only be grown in Jersey.

We've streamlined our normal website www.forestfarmshop.com and built one for the Garden Centre at www.forestroadgardencentre.com. Both have versions for mobile phones.

Look out for...

KP Peanuts 415g Sharing Pack	£1.49 each
BBQ Ready Chickens Piri Piri, Jamaican Jerk or Chilli and Ginger	£5.99 Each
Still Spring Water 24 x500ml Sports Cap	£4.50 pack
Crucials Sauces 20+ Varieties 500ml squeeze bottles	£1.09 each

MORE SCAMS

Scam of the month for May is the chancer who called saying that he was from a telecommunications company that would block all incoming nuisance calls to our number. 'Charles' went on to say, in heavily accented near-English, that his service was absolutely guaranteed. We told we were very impressed, as neither BT nor Virgin had been able to pull that trick off. He then asked us how many nuisance calls we had received in the last week. "One", we replied. "And who was that from?" he asked. "You".

Needless to say Charles decided we were probably not interested and used his technology to terminate the call.

£5 Discount

When you spend over £50 in one transaction.

Please print and present this voucher to the cashiers to claim your discount.

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