

# Forest Farm Shop & Garden Centre

Forest Road, Hainault, IG6 3HQ Tel: 020 8500 2221

Mon - Sat  
Sun

8.30am to 5pm  
8.30am to 2pm

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FOREST FARM SHOP NEWSLETTER [www.forestfarmshop.com](http://www.forestfarmshop.com)

## Welcome to our April 2017 Newsletter

### Passover and Easter

There are two significant holidays coming up this month.

Passover begins on the evening of Monday 10th and ends on Tuesday 18th.

Easter begins on Good Friday 14th and extends to Easter Sunday 16th.

So "Happy Passover", "Happy Easter", or if none of these apply "Happy April" from all at Forest Farm Shop.

The shop will be open over the Easter weekend—an excellent opportunity to pick up those extra plants and accessories for the year.

### Fancy a Coffee in the Garden?

There's nothing better than a nice cup of coffee in the garden on a Summer's morning, but did you know that coffee grounds make an excellent deterrent for slugs and cats.

Sprinkle coffee grounds around your plants and you will add nutrients to the ground whilst repelling slugs, cats and other pests who really cannot stand the smell of coffee. If you don't use fresh coffee ask at your local coffee shop.

### Feeding Pond Fish

We have a large stock of feeds for pond fish and it's about this time of year that you can start feeding again. Fish generally will only feed when the outside temperature is above 10C and below 30C.

Start feeding gradually and then build up the amount you feed over the summer, but be careful not to overfeed as this can lead to pollution of the pond and destruction of any filtration system you may use.



### Is your Fiver worth £100s?

Check your new £5 notes. If you find one with a serial number beginning AA01, it could be worth £200+.

But if you are really lucky you may find one stamped with a Jane Austen engraving. These are currently selling for upwards of £20,000.

The new fiver has a host of anti-forging features and there is a phone app. to help check them out.

### Leyton Orient

O's fans could be forgiven for thinking that not much else could go wrong this year. Bottom of the table and having narrowly avoided bankruptcy, their future looked bleak enough, but today manager Danny Webb resigned. This means that they will be looking for a fifth manager in this season alone.

Such a shame that a local club that has given so much pleasure to so many locals should be struggling like this.



### Oakfield Playing Fields

After Redbridge Council's planning consent for housing development on the site was overturned by London mayor Sadiq Khan; Sport England, the Football Association and the England and Wales Cricket Board have now weighed in with objections to the proposal. They say that moving to Hainault Rec and the Forest Road fields would seriously impact the quality of the facilities. This saga looks set to run and run!!

Our efforts to re-organize are continuing. Feedback on the new wines, beers and drinks area has been excellent. We have now started to re-organize the household goods area.

### Special Offers

Heinz Garden Peas 400g Tins	3 for £1.20
Blue Dragon Wasabi Paste 45g tube	50p
Caffe Deli Flavoured Cappuccinos 12 cup pack	Any 2 for £1.50
Pureety Marinades Many Flavours 140g	£1.99 each
Raspberry/Blueberry Jam 385g	2 for £1

### Be Scam Aware

We've been advising everybody about email, SMS and telephone scams. In most cases the perpetrators disguise their messages to look very much like they come from your bank or building society. Just remember these golden rules: Never change payment details if requested to do so online. Never give out any personal information unless it is absolutely necessary (for example for deliveries). Never give out account passwords, PIN numbers or any other details electronically. The most you should ever need to give is your long card number, expiry date and CCV number to organisations that you want to pay.



£5 Discount

When you spend over £50 in one transaction.

Please print and present this voucher to the cashiers to claim your discount.

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